**Central Alberta Action Heroes Recognized** 



As part of Clean Air Day, the Parkland Airshed Management Zone (PAMZ) handed out its annual Action HERO awards in Red Deer this afternoon. Six different individuals, businesses and organizations were recognized for their efforts to improve our air quality by reducing emissions that contribute to ground level ozone. Bonnie Denhaan received an award for her work in spearheading the "Idle Free" movement at Sunnybrook United Church. She says she's always had an interest in environmental matters, and her passion stems from wanting to create a better future for her kids and grand-kids, "[air pollution is] just only getting more and more to the forefront now. We have to be concerned, there is really no choice. And if it's something you can do something about like vehicle idling, and it sounds like nothing, but every little bit helps I figure." Other award recipients include Red Deer Transit, the Red Deer Lodge, the Red Deer Regional Hospital Centre, Weber Physiotherapy and the Mountain View Regional Waste Management Commission. *-Jaelene Skaley*